

Irrational Beliefs and Panic Response of Lagunense during Height of the Covid-19 Pandemic

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ABSTRACT

The COVID-19 pandemic has affected people worldwide; the economy of the country, social values, and psychological stress of the people involved regardless of the directness of contact with the infected. This study aims to analyze the irrational beliefs and panic responses of the selected Lagunense. It used descriptive and correlational design to determine the two main variables. The sample was selected based on purposive sampling method and this consists of 100 young adults, 52 males and 48 females living in San Pablo City. The study used the survey questionnaire in Google form to gather the data. The results showed that the irrational beliefs which includes activating events, beliefs, consequences was high. The study found significant relationship between irrational beliefs and the profile of the respondents as to age, sex, religion and socio-economic status. There is a significant relationship between the irrational beliefs and panic response of the respondents. Thus, Information drive and awareness among them is highly suggested. Source of news and information about the Covid-19 pandemic should be verified and must only come to the official news portals and agencies to avoid misinformation and fake news.

Keywords: Beliefs, Panic, Covid-19, Resilience

About the presenter:

Jherwin P. Hermosa is an Instructor 1 and chairperson for Innovation and Technology Support Office of Laguna State Polytechnic University San Pablo Campus. He is currently in Dissertation stage for Doctor of Education in Educational Management. He is currently teaching Social Sciences and Philosophy subjects both in the undergraduate and graduate programs at the same University. He has published scientific articles and book in international circulations. He renders expert services in thesis both in undergraduate and graduate studies as an adviser, subject specialist and technical editor mostly related to his research interest on the social sciences, philosophy and educational management.

