

Competencies of Classroom Teacher-Counselor and Students' Self-Esteem: Basis for School-Based Counselling Program of Humanities and Social Sciences

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ABSTRACT

The goal of the study was to provide basis of counseling for Humanities and Social Science students with the competencies of classroom teacher counselor and how student's self-esteem was affected. The study looked into the level of competencies of classroom teacher-counselor divided into behavioral competencies and work-related competencies and the level of student's self-esteem as indicated by identity, appreciation, acceptance, self-confidence, pride, humility and selfishness. The study used descriptive correlational design. For the academic year of 2021-2022, 147 Grade 11 and Grade 12 Humanities and Social Sciences students of Tanauan Institute Inc. took part in the survey. The findings revealed that the classroom teacher-counselor competencies and students' self-esteem had a substantial association. Based on the findings students may directly share their concerns with their teacher-counselor dealing with personal issues affecting their general well-being and academic progress. They may learn to participate and feel more connected to the adults in their lives. Furthermore, teachers may foster and create a supportive environment that can strengthen students' emotional and social learning capability, focusing on solving problems and making decisions, building relationships and understanding social situations, and understanding oneself and one's emotions. Finally, continue to support the needs of teachers and learners when it comes to the self-esteem of students, which leads to academic success. Strengthening the competencies of teachers-counselors reassure the students' mental health.

Keywords: Behavioral competencies, Work related competencies, self-esteem, counselling

About the presenter:

Bel Patrice T. Tisuela joined Tanauan Institute Inc. in 2016 as Senior High School Teacher. As a Senior high school teacher, she cooperates with the school to create simple, intuitive interactions and experiences for students, work with senior to manage large, complex projects for the school and carry out quality assurance of education to discover errors and optimize the curriculum. In addition, she also trains to be a mental health coach to help and guide students in terms of their struggles in their life such as academics, family and self to keep them motivated and be positive in life.

